

# LONGITUDE

A PUBLICATION OF  
ONE°15 MARINA  
SENTOSA COVE  
SINGAPORE



## FUTURE FORWARD

Marine conservation heroes,  
auspicious festive cuisine

+

Where jet-set travel meets  
immersive experiences



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# STAYING IN STEP

It's that time when we look back with pride and gratitude at the events of the year that has passed, learn from the mistakes we have made, and renew our hopes and aspirations for the new year. With our lives having bounced back to normal, we are starting to rediscover ourselves and the world around us. In that respect, we have much to look forward to for 2023.

It may seem trivial that we should pick a particular time of the year to start afresh and take a vow to be better versions of ourselves, but such things are almost akin to tradition, much like superstitions are, or our belief in the influence planetary positions have on our lives. In this issue of *Longitude*, we focus on those aspects that have passed down generations, including beloved traditions that usher in the new year. The rabbit, which is the spirit animal this lunar new year is known to be the luckiest of them all, so Fun Facts (page 9) zooms in on lucky charms and superstitions that are believed to keep sailors safe at sea—from ancient times to present day. Essentials (page 6) throws in a fun twist with rabbit-inspired trinkets and style essentials. Fine Food (page 24) rounds up dishes on

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AROUND US.

festive tables around the world to usher in luck and prosperity.

Speaking of Chinese New Year (CNY) and traditions, there's one that is time-honoured at the Club—festive feasts, sumptuous goodies and Members' events. This year as well, the WOK°15 Kitchen team has whipped up festive dishes and bundles—from Chinese New Year Abalone Treasure Pot to 48-hour Dry-aged Barbecued Duck to classic Chinese New Year cookies, and more—that will add zest to your reunion table without you having to sweat it out in the kitchen. Read all about them in Club Perks (page 32 onwards). We have not skimmed when it comes to activities that tag tradition, culture and exercise your creativity. Our annual Member's CNY Dinner is another event to look forward to. RSVP (page 38 onwards) outlines all the events to sign up for.

January is also when the Club hosts annual yachting events such as SB20 Asian Grand Slam and Asia Pacific Championships, including our favourite for Members, the SB20 Fun Race.

We are starting the new year with a host of exciting events, but we ended 2022 on an equally high note as well. In November, ONE°15 Marina Sentosa Cove realised one of its long-time dreams to further the conversation on marine and coastal conservation. The inaugural Blue Water EduFest was a forerunner in this part of the world to push for immediate action. This was also the launching platform for the Blue Water Heroes Awards, which seeks to acknowledge and recognise changemakers in the region who have dedicated their lives to the cause. Meet the finalists and the three winners on page 22. We hope to be able to host more such events in the coming years that reaffirm our commitment to keeping our waters clean.

None of this would be possible without your support, and we look forward to yet another year of aligned goals and dreams. Welcome to 2023!

**Jonathan Sit**  
General Manager

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Marina Sentosa Cove.

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Sentosa Cove Singapore

# Sense of Joy

SKIP, HOP AND JUMP INTO THE YEAR OF THE RABBIT WITH THESE DELIGHTFUL DESIGNS

TEXT YING RUI



## Playful Energy

If you love to have fun with fashion, look no further than the colourful designs from Ukrainian designer Natasha Zinko. When she was a student of jewellery design at Central St. Martins, it was Zinko's unique take on proportions and bold prints of her own clothes that prompted requests from friends to create one-off pieces for them to wear. Since then, she has produced collections for women, men and kids, with a wide range of eclectic clothes, jewellery and footwear, which often feature the rabbit motif.

**Natasha Zinko is available at [natashazinko.com](http://natashazinko.com), [harrods.com](http://harrods.com) and [larmoire-singapore.com](http://larmoire-singapore.com)**



## Good Fortune

There is a saying "if you find a penny, pick it up," as copper is believed to attract good luck and money. Combine fortune and function with the latest Girard-Perregaux Laureato with its fascinating sunray copper 38mm dial featuring a Claus de Paris pattern. This traditional pattern is composed of multiple pyramidal structures that engage with light, bestowing tiny pockets of brilliance and shade, giving the dial a dynamic appearance. The beauty is in the details of the unisex mid-sized timepiece, which has a self-winding mechanical movement with 18k pink gold oscillating mass that is visible with the open caseback. **The Girard-Perregaux Laureato watch is available at [The Hour Glass](http://TheHourGlass.com), [thehourglass.com](http://thehourglass.com)**

## Subtle Shimmer

Even if the rabbit isn't your zodiac animal, you can appreciate the calm and gentle beauty of the animal. Similarly, the playful yet sophisticated pieces from Kate Spade New York are easy to wear with the delicate detailing. The American brand celebrates the lunar new year with a three-piece costume jewellery collection. Choose between a cocktail ring that can be worn alone or stacked with other shiny rings, mother-of-pearl huggies that can be styled with an elegant dress or casual jeans, and the mini pendant, which is sure to be a hit with little girls. **Kate Spade New York is available at #B2-101A The Shoppes at Marina Bay Sands and [katespade.com](http://katespade.com)**



## Home & Hearth

Those born in the Year of the Rabbit (1951, 1963, 1975, 1987, 1999, 2011, 2023) are considered to be diplomatic, intuitive and highly intelligent. Make a gift of these elegant home accessories to family members as an acknowledgement of these traits in their personalities. The pewter bowl from Royal Selangor is classic, yet modern and understated, while the Swarovski rabbit ornament is cute and sparkly with a crystal rabbit sitting on an auspicious gold coin. **Royal Selangor is available at [sg.royalselangor.com](http://sg.royalselangor.com), Swarovski is available at [swarovski.com](http://swarovski.com)**



7



## Animal Lover

Want to make a bold statement when you snap your lunar new year #OOTD? Carry the bold bag from Thom Browne. Seen on the runways every season, opt for the rabbit design with the iconic grosgrain loop tab at the front. This oversized pebbled calfskin Rabbit bag will give your outfits a fun twist and be a great conversation piece. There's a wide range of other animals to choose from. Order your bag online and bring it to a Thom Browne flagship store to personalise your bag with gold initials. **The Rabbit bag is available at [thombrowne.com](http://thombrowne.com)**



## WHAT'S ON

## in Jan and Feb

**Patricia Piccinini: We Are Connected**

A celebration of diversity and inclusivity told through provocative sculptures. Australian artist Patricia Piccinini's hyperrealist sculptures—from mechanised animals to mutated humans and uncanny creatures—tease and taunt our senses into contemplation while shocking us with bizarreness into a reality where all things exist in tandem and harmony. **Price: From \$14, Till 29 January 2023, ArtScience Museum, [marinabaysands.com/museum/ticket/search.html](https://marinabaysands.com/museum/ticket/search.html)**

**Disney's Frozen The Hit Broadway Musical**

It's a beloved story about sisterhood and true love, and the movie adaptation had some endearing tunes. If that's reason enough, the fact that this musical is brought to you by the producers of *The Lion King* and *Aladdin* should cinch the deal. Plus, Singapore is the only Southeast Asian stop for this travelling musical. So, if you have any further doubts, just "let it go!" **Price: From \$88, 5 February to 5 March 2023, Sands Theatre at Marina Bay Sands, [marinabaysands.com/see-and-do.html#shows](https://marinabaysands.com/see-and-do.html#shows)**

**Glow Festival 2023**

No better way to kickstart a new year than with a bolt of wellness. Back after a hiatus, the Glow Festival 2023 brings celebrity wellness instructors and practitioners to our shores with curated programmes, workshops and classes. This year also introduces a digital rewards and charity program through an app, and a great closing party at Marquee Nightclub at The Shoppes at Marina Bay Sands. Get away from the everyday and move into the "now". **Price: From \$49, 4 to 12 February 2023, Marina Bay Sands, [glowfestival.sg](https://glowfestival.sg)**

**We Will Rock You**

A musical with a difference, one of the protagonists needs no introduction here. As the legendary British band Queen's score sets the stage for a feet thumping musical, the story follows novelist Ben Elton's story of two revolutionaries trying to save rock 'n' roll in a post-apocalyptic world, where algorithms predict every preference. It's an engaging and thought-provoking anthem to individuality. **Price: From \$88, 5 to 22 January 2023, Esplanade Theatre, [sistic.com.sg/events/rock0123](https://sistic.com.sg/events/rock0123)**

**Harry Potter and the Order of the Phoenix in Concert**

The musical score was as magical as the movie was, and now the Metropolitan Festival Orchestra will put it front and centre. The live orchestra will perform the popular scores from the movie while the entire film plays in high-definition on a 40-ft screen in the background, so you can relive those moments. **Price: From \$79, 17 to 18 February 2023, Esplanade Theatre, [sistic.com.sg/events/harry0223](https://sistic.com.sg/events/harry0223)**



\*Information of events correct at the time of printing

1

**TATTOOS** ARE SOME OF THE OLDEST SEA SUPERSTITIONS—SAILORS USED THEM AS A MEANS TO APPEASE THE GODS. **IMAGES OF THE SEA, A BLACK CAT, FOUR-LEAFED CLOVER AND HORSESHOE** WERE AMONG THE MOST POPULAR, ALONG WITH RELIGIOUS SYMBOLS.

# Sea Charms

SUPERSTITIONS, LUCKY CHARMS AND LORE THAT HAVE SINCE THE ANCIENT TIMES GRANTED SAILORS SAFE PASSAGE THROUGH THE UNKNOWN AND UNPREDICTABLE.

2

A more recent tradition is **wine baptism**, which involves breaking a bottle on the stem of a ship that's being launched. It's considered unlucky and bodes misfortune for the ship if the bottle doesn't shatter at first blow.



3

The ancient tradition of **wearing an earring** was said to **protect the sailor** from disease, including rheumatism. In later years, they were an indication of a sailor who had crossed the equator. A single gold earring also helped pay for the funeral of a sailor whose body has been washed ashore.

9



4

**Birds and ships** have a special relationship. Sailors, from Long John Silver to Jack Sparrow, believe that their **soul** migrates to a sea bird when they die.

5

**Horseshoes** are known to have been used to **ward off the evil eye** since the eighth century. Sailors are known to nail them to the mast or the door to the captain's cabin, often with the ends down as that allows good luck to flow through the space.



# LUXE LIFE

## CULTURE CANVAS

Short-stay immersive escapades, concept of luck in cuisines, and the passionate marine conservationists and winners of Blue Water Heroes Awards 2022.

The gorgeous Manila Cathedral in Intramuros, the historic walled city of Manila.



# FAST TRACK

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TRAVELLING FOR BUSINESS DOESN'T  
MEAN YOU'RE DENIED A HOLIDAY. HERE  
ARE SOME IMMERSIVE EXPERIENCES  
AVAILABLE FOR SHORT-STAY TRAVELLERS  
TO BUSTLING GLOBAL CITIES.

TEXT BEATRICE BOWERS



## DUBAI, UAE

Dubai—a city that looks straight out of a science fiction future, with so much to see and do at every turn. For travellers who, unfortunately, have limited time to spend in the heart of the UAE, a priority for your itinerary is a cruise down the Dubai Water Canal. Before you pooh-pooh and call this a cliché, know that this is one of the best all-in ways to see Dubai's sights. A number of companies offer yacht cruises down the 3.2km waterway, some of which can go up to four hours, and throw in a sunset dinner. Whatever option you choose, you'll be able to see postcard landmarks like the Dubai Waterfall, Tolerance Bridge, Safa Park, and the sights of downtown Dubai. It's also an all-new vantage point for sightseeing, as you're cruising down the picturesque waterway. Can't spare four hours? Then simply take a walk down the canal on a balmy evening and design your own pit stops along the way. The Burj Khalifa is but a seven-minute drive, or half an hour's walk away.

### PLAY

Bring your golf bag along with you if you have the time to spare, as Dubai is also home to the sprawling Arabian Ranches Golf Club ([arabianranchesgolfclub.com](http://arabianranchesgolfclub.com)), with 18 holes and desert-style grass across its 7,658 yards.



### LONGITUDE TIP

Members of ONE<sup>15</sup> Marina can enjoy access to reciprocal clubs around the world. To visit International Associate Clubs, obtain an IAC card and letter of introduction from our front desk by contacting +65 6305 6988, [frontdesk.sc@one15marina.com](mailto:frontdesk.sc@one15marina.com) or [membership.sc@one15marina.com](mailto:membership.sc@one15marina.com).

Clockwise from left: Burj Al Arab, Dubai's famed hotel. Sky-high views of the city. The Tolerance bridge lights up the promenade.





## HO CHI MINH CITY, VIETNAM

14



Ho Chi Minh City, or Saigon as it is still called, is a beautifully electric city, but if you've only got a day or two to see it, then pick three districts for a cultural deep-dive. Each of Saigon's 24 districts has its own particular charm, but here's what we recommend for a whistlestop tour. District 1's Dong Khoi neighbourhood is worth the visit if you'd like to marvel at Vietnam's ornate French buildings, relics from its colonial past. The oasis of calm is also lined with luxury shopping brands and boutique shops if you're there to splurge a little. Just a nine-minute walk away is Nguyen Van Binh, the city's Book Street, starring a 100-metre stretch lined with bookstores, as well as a rainbow of indie art stores and craft joints. No trip to the city is complete without a feast of all the delicious things the capital has to offer, so for that, head over to Chợ Hồ Thị Kỹ Food Street. The street is set abuzz with stalls large and small, lit by neon signs. Sink your teeth into crispy-fried spring rolls, and banh xeo pancakes loaded with fresh herbs and shrimp, meat skewers barbecued before your eyes, and sweet Vietnamese desserts. Stalls often have low stools you can perch on to munch, set on curbs so traffic zips past you—a prerequisite for all Vietnamese trips. For travellers who prefer a dining experience that's a little quieter, pay a visit to Anan Saigon, a rooftop restaurant bar with stellar views, for a street food menu, and inventive cocktails that earned it a nod from the 50 Best Discovery list.



### PLAY

If you've got a couple more days to spare or extending your trip, take a quick flight over to Da Nang, to the acclaimed golf course, Montgomerie Links Vietnam ([montgomerielinks.com](http://montgomerielinks.com)).



Clockwise from left: Saigon from above. A crowded Hong Kong street market. Dim sum at a cha chaan teng, Hong Kong's famed red sail junks. Tân Định church in Saigon.





## HONG KONG

Resist the urge to stay stuck in Hong Kong's Central when you're there. Fully embrace the delicate balance between future-forward and historical, nature and concrete jungle by seeking out some of the city's best under-the-radar attractions. If you're not sure where to start, the Ping Shan Heritage Trail is a great bet. This is Hong Kong's first heritage trail, and takes you through the Sheung Cheung Wai, Hang Tau Tsuen, and Hang Mei Tsuen neighbourhoods. You'll get to explore 20 different historical gems and sights along the way, from temples to ancestral and study halls, as well as clan galleries. Not keen on a walk through the annals of time? Then put Sham Shui Po on your radar. The West Kowloon 'hood is a maze of open-art and flea markets, vintage boutiques, and curiosity stores. It is also a locale with a high concentration of family-run restaurants, so you can get your dim sum and cha chaan teng fix with ease. Close off your day there with a stop at Kung Wo Beancurd Factory, which makes its own tofu, as well as a world-famous tofu pudding, that has been listed on the local Michelin Guide.

### PLAY

Enjoy downtime from Hong Kong's characteristic buzz at The Dynasty Club ([dynastyclub.com.hk](http://dynastyclub.com.hk)). The member's club has a number of fine dining restaurants in-house, with yum cha options, of course, and an equally impressive wine cellar with over 5,000 bottles for your perusal.



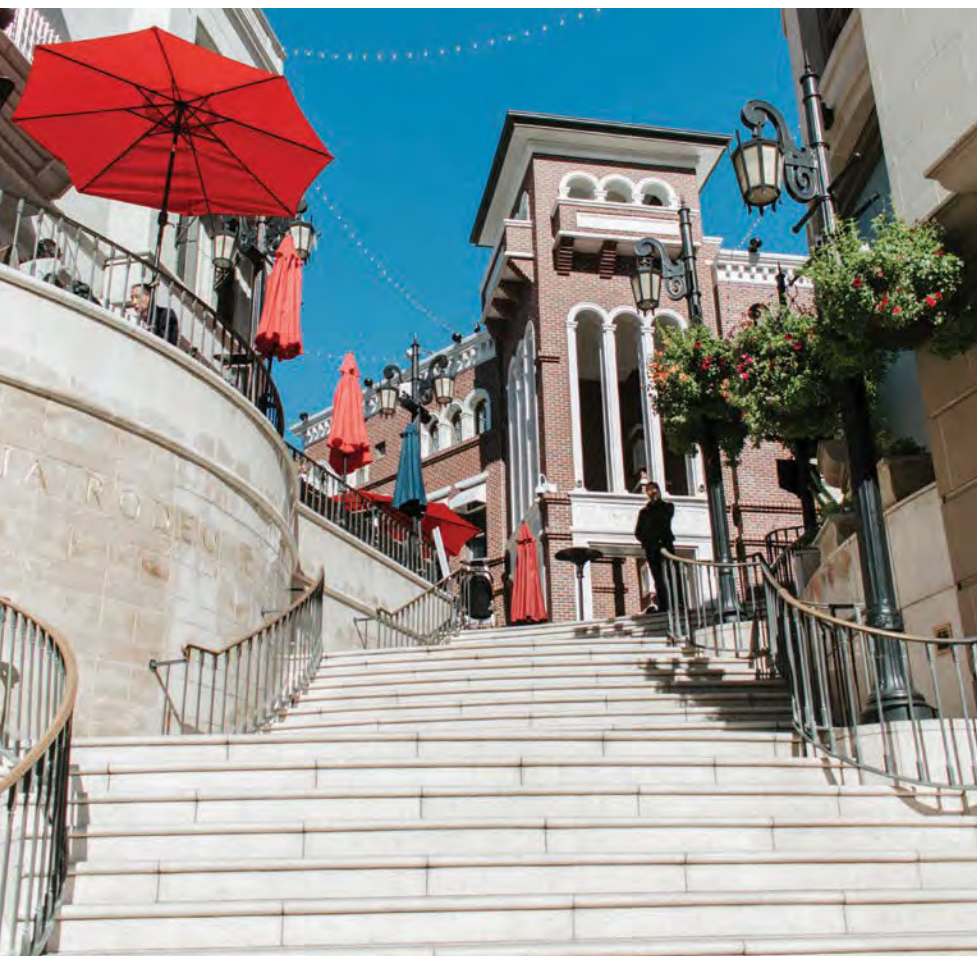
## LOS ANGELES, USA

It'd take weeks to do justice by Los Angeles' prismatic neighbourhoods, but if time is of the essence, zone in on the Eastside. Free from the rush of Beverly Hills tourists, the Eastside is home to neighbourhoods both historic and up-and-coming, from Los Feliz and Highland Park, to Frogtown and Silver Lake. The area offers a wealth for travellers of all pursuits, whether it be the city's finest bars and restaurants, indie coffee shops, cultural troves, boutique stores, and nature activities, to boot. If you're looking for a sensorial feast, then definitely make time to wander around Highland Park. The storied district is home to a concentration of Craftsman Homes, a historic style of architecture that dates back to the turn of the century. There's a fair bit of retro kitsch to the attractions here too, whether it be the steampunk interiors of the iconic Highland Park Bowl bowling alley or towering Chicken Boy statue up Figueroa, marking the site of a now-defunct '60s fried chicken joint.

### PLAY

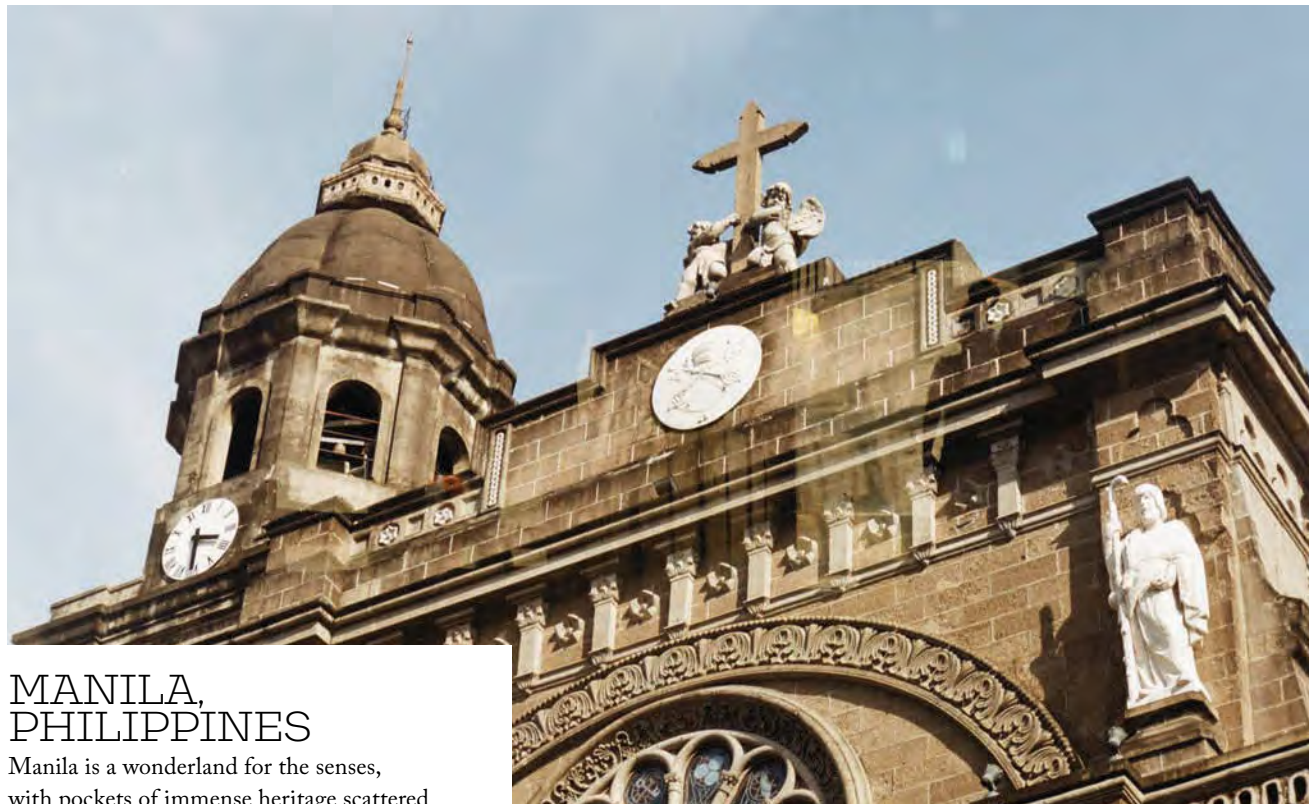
A trip to California isn't complete without a pistol at the California Yacht Club ([calyachtclub.com](http://calyachtclub.com)). The 100-year-old establishment in Marina Del Rey has been the beating heart of California sailing since 1922, and has a calendar of regattas and races year-round for patrons.

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Clockwise from above: LA's Ocean Drive. Facade of Manila Cathedral. Manila street market. Street scenes in Los Angeles—a blend of retro and modern.



## MANILA, PHILIPPINES

Manila is a wonderland for the senses, with pockets of immense heritage scattered throughout the buzzing metropolis. Make time during your trip there to explore the time capsule that is the Intramuros, also known as the Walled City, where monuments and ruins date back all the way to the 16<sup>th</sup> century, when the Philippines were still under Spanish occupation. Other national treasures are all within walkable distance from the Intramuros. There's Fort Santiago, the former military headquarters of the Spanish colonial government dating back to 1571, still bearing scars from its damage during World War II. Also within reach are the Manila Cathedral, an architectural marvel first consecrated in 1581, the Baluarte de San Diego, a restored bulwark from the late 1500s that has withstood multiple wars since it was erected, and the ornate San Agustin Church, the oldest in the country. Round off your walking tour at the Quiapo Market, a lively outdoor bazaar highlighting local produce, handicrafts, and heaps of Filipino street food stalls. 📍

### PLAY

Book your stay at the Subic Bay Yacht Club ([subicbayyachtclub.ph](http://subicbayyachtclub.ph)) and wake up every day to seaside views. The sprawling club has a variety of room styles to suit any traveller's needs, including a Residential Suite with vistas of the marina.





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# DESTINY'S CHILD

SUCCESS FOR BUSINESSMAN MURALIKRISHNAN RANGAN OF PRINT LAB AND GREEN LAB WAS INEVITABLE AND HE THANKS GOD AND ADVERSITY FOR IT.

TEXT SANDHYA MAHADEVAN PHOTOGRAPHY BENNY LOH  
ART DIRECTION CHARLENE LEE

**B**razilian novelist Paulo Coelho said in his book *The Alchemist*: “When you want something, all the universe conspires in helping you to achieve it.” That rings true in the case of Muralikrishnan Rangan, CEO of Print Lab Group, as the universe came calling in various forms in his life—through good, bad and ugly events—pushing him to realise his dream to become a successful businessman. Although, the very humble and spiritually inclined 44-year-old puts it to the orchestrations of a higher power.

We meet at LATITUDE Bistro for our interview, and Murali rushes in apologising profusely for being late. It’s a very rainy day in a rather rainy week, so peak-time traffic disruptions were factored in. But as we get down to chatting, it becomes obvious that Murali does not take anything for granted in his life.

### PATH OF HIS OWN

Born into a family of academics and professionals—his mother was the Vice-principal of Catholic High School and his dad, an ex-marine engineer, was the principal of National Maritime Academy and retired as Assistant Director at PSA Singapore. Going down generations, his grandfather was the Head Officer for administration at St Joseph’s Institution Singapore—Murali’s alma mater and now, of his three sons.

One would imagine that his career path was already written. But Murali wanted to do something that was his own. And rescue came in the form of O-Level grades—they were a tad shy for junior college. He enrolled in Ngee Ann Polytechnic instead.

“To my family it was like the world had come crashing down as I was the only one to have not gone to college. But, if you were to ask me today, it was the best thing that happened in my life,” says Murali. Tertiary education unearthed his innate creativity and independent nature.

It was also where his music career blossomed. Trained in classical Indian music by his maternal aunt since the age of seven, Murali went on to win the most popular singer award on local Indian television channel Vasantham a few years later. He has also lent his voice for some popular movies in the Tamil movie industry in India.

### THE TURNING POINTS

“My mantra is ‘in adversity, opportunity presents itself.’” To say that his life trajectory has been directed by it would not be a stretch. Chief among them being a rejection that kept him from realising his other childhood dream: To be a pilot.

After expertly swimming through numerous rounds of interviews, Murali lost out at the final and deciding round. As he found out later, it was a

call made by the chief interviewer and deciding officer. The reason he quoted for his decision is what set Murali even more pointedly towards his entrepreneurial journey. “He said ‘I would be doing Singapore a disservice if I were to employ you, and one day you will thank me for it,’” recalls Murali.

Hard as it was to stomach for someone who barely had money to last him the week, the fire had been lit. Murali chose the third option from the kind of businesses he had ever wanted to get into—event management, interior design and creative printing.

As anyone wandering into the world of business without the luxury of capital, Murali started as a middleman. He was the agent, client coordinator and errand boy, as hiring a delivery person aside, he could not afford the cab fare to deliver his orders.

His celebrity status amongst the Indian diaspora in Singapore, ironically only stood in judgement. Again, as if put there for a bigger purpose, a naysayer’s disparaging public comment shocked Murali into the reality of his life and drove him singlemindedly towards success.

“I wrote what she said on a piece of paper, printed it and hung it in my office. I already had a burning desire to be successful, but looking at that piece of paper in front of me made that under-fire even bigger,” says Murali, surprisingly thankful and showing no trace of anger. Instead, he says: “This and many others have moulded me into who I am today.”

### LIFE WITH A PURPOSE

Today Print Lab is the largest one-stop shop for small- and large-format, and offset printing in Singapore, boasting a portfolio of many major brands. In 2019, it also celebrated a merger with Fraser and Neave’s Times Publishing Pte Ltd. This was possible because the printers Murali had worked with as an agent came together under one roof towards a unified goal. Today, he counts his partners Lawrence and Boon Lee as part of his family.

As we chat, ONE°15 Marina Sentosa Cove is preparing for its inaugural marine conservation event, Blue Water EduFest, and Print Lab which has been one of its chief vendors is the obvious choice—as well as a sponsor—with its new eco-friendly iteration Green Lab. All the marketing materials—from stickers to hoardings and banners—were made using 100 per cent environmentally friendly PVC-free materials. The company has since its conception been revolutionising the approach to branding, printing and food packaging in Singapore with compostable and biodegradable printing solutions. From October, its production facility at Tuas also started the journey towards making all its operations carbon neutral.

Murali has achieved a lot to be proud about, but “none of this success is my own”, he says humbly. Topmost on his list of people to thank is his wife Poorany, a former 96.8FM DJ and presenter-turned teacher, for her unconditional support through his journey, from an ambitious youngster, to struggling entrepreneur, to a successful businessman. Family time is priority for Murali, especially with their three sons. “Their innocence and wide-eyed wonder for even the smallest of things keeps things in perspective for me. I will not trade that for anything.” 📧

### MURALI’S TOP 3

#### FOOTBALL

“I am a hardcore Liverpool fan. I travel to Anfield to catch matches regularly.”

#### MOTIVATION

“I joined ONE°15 Marina Sentosa Cove in 2005 as one of its inaugural Members—I took up an installment plan as I had no money in my pocket. As a nomad, I would come here, spend almost six hours a day staring at the sea, the large houses in Sentosa Cove, the superyachts and Rolls Royces coming in, and be recharged and motivated to achieve my goals. The Club’s setting has had a very big influence in the formative years of my business.”

#### DREAM

“I have had a poster of Scuderia Ferrari hanging on my wall since I was 4 or 5 years old. I never imagined that one day I would be the owner of a Ferrari, among other sportscars.”





# BOUND TO THE SEA

**CAPTAIN SIMON FARMER, ONE°15  
MARINA SENTOSA COVE'S FORMER  
MARINA MANAGER SHARES  
ABOUT HIS LIFE ON THE OCEAN.**

TEXT SANDHYA MAHADEVAN & CLAIRE TURRELL  
PHOTOGRAPHY BENNY LOH ART DIRECTION CHARLENE LEE

Simon Farmer has captained superyachts for royal families and musicians through an illustrious career at sea, but his favourite journey was the first time he sailed around the coast of Northern Australia, from Fremantle to Sydney, on a 87-ft private yacht. What made it so special was that he had spent 18 months helping build the yacht from scratch for shipbuilding company owner, John Rothwell. Simon, who was then running his own marine maintenance company, was commissioned to project-manage the build of *Loenen*—named after its owner's birthplace in Holland—so that it could be

sailed to Sydney in time for the 2000 Summer Olympics. By the time the project was finished Simon knew every inch of the boat—from the layout to the fuel systems. It was only a matter of time before the build also marked the start of his career as a captain.

## LIFE ON WATER

Growing up on the sunny shores of Western Australia, Simon spent a good part of his childhood sailing with his father, along the Swan River, and down the coast. When he was about to turn 18, his father introduced him to the sailing master of a racing yacht that was searching for crew for the 1981 Sydney to Hobart Yacht Race.

“When I was accepted, I was still 17, and you are meant to be 18 to race. But luckily, I turned 18 the day after the race started,” laughs Simon.



That momentous journey from Sydney to Hobart, and the return journey to Perth got Simon hooked on the ocean and yachts. Although he majored in Agricultural Science, he decided to embark on a boating career. He started work for the yacht builders Austal and Oceanfast, owned by John Rothwell. “I was involved with three or four builds—the biggest one being the 230ft superyacht *Aussie Rules* for golfing legend Greg Norman,” he recalls with obvious pride.

Simon would shuttle boats around the marinas for their owners, but it wasn’t until he built the yacht for John Rothwell and sailed it to Sydney that he saw a life for himself on the ocean. The easy-going

Australian who was a skilled sailor, was soon sought after by the Tunku Mahkota of Johor—who is now the Sultan—the Sultan of Kelantan, and Australian VIPs to captain their yachts. Simon also sailed extensively with talented boat builder and mentor Peter Milner, who was his crewmate for the 1981 Sydney to Hobart race.

### EXPLORING THE WORLD

Simon spent the next three decades criss-crossing the globe. He lived in New Zealand, the United States, France and Italy. He also came ashore twice in Asia—once to manage Sutera Harbour in Malaysia in 2008 and ONE°15 Marina Sentosa Cove Singapore in 2011. However, he admits that he struggled being behind a desk. “I need to be hands on and busy fixing things,” says Simon. “The most enjoyable part of marine life for me is when the boat is in the shipyard and I am problem solving, looking at drawings, and trying to figure stuff out.” It was the same joy he felt when he was out and about on the water and exploring new places.

The places that Simon has been able to explore whilst captaining superyachts have been numerous—from the coast of Sicily, to the waters of British Columbia, to the islands of Asia.

But Simon counts Italy as his personal favourite: “The Amalfi coast is beautiful—from Positano to Capri—as is cruising around the volcanic island of Ischia near Sorrento. I’ve spent a lot of time there that I should know to speak Italian by now, but I’m not very good,” he laughs.

### REDISCOVERING ASIA

Since December 2019, Simon has captained the superyacht *MY Annabella*, which is now moored in ONE°15 Marina Sentosa Cove. They have been enjoying rediscovering some gems in Asian waters.

As idyllic as life on the ocean sounds, captaining a yacht also comes with its challenges. When Simon needed to collect *MY Annabella* for its Singaporean owner from Sanlorenzo in Italy, it was supposed to ship to Singapore, but COVID-19 regulations meant that the closest port they could get to was Phuket. They arrived in August and had to remain there for the next eight months.

When the owner could finally join them, Simon was able to take him on a tour of Phang Nga Bay and Ko Phi Phi. Before long, the borders opened up and they could cruise home to Singapore. “We’ve since done a couple of trips to Bintan and two trips to Redang Island in Malaysia, which was sensational,” says Simon.

Simon is busy plotting new destinations for *MY Annabella*. “Raja Ampat and Komodo are certainly on the itinerary,” he says. “My brother-in-law, who captains an 80-ft motor yacht, has lived in Indonesia for 28 years, so I pick his brains on where to go.”

Simon has now made Australia his base and when he’s not behind the helm of *MY Annabella*, he is at home in the port city of Albany. The sailor has finally come full circle, although an adventure is never too far away. 📍

### SIMON’S TOP 3

#### FOOD

“Italian would be my favourite cuisine. I remember going to an out-of-the-way restaurant in the Italian hillsides with a large open fire, where we dined on wild boar with linguini. It was amazing. However, I also love a good Indian curry and the finesse of Thai food.”

#### DESTINATION

“I love the Kimberly region in Northwest Australia. It’s harsh red dirt and deserts and has this stark beauty about it. And there are these small oases of water scattered around.”

#### ADVENTURE

“We used to live in Kota Kinabalu, but we have never climbed the mountain. I hope to someday.”



# A COMMUNITY FOR CHANGE

ONE°15 MARINA SENTOSA COVE'S INAUGURAL BLUE WATER HEROES AWARDS HELD A BEACON FOR OCEAN CONSERVATION CHAMPIONS AND THE POWER OF COMMUNITY.



“Alone, we can do so little; together, we can do so much,” said Helen Keller. That was the prevailing emotion on the evening of 4 November at ONE°15 Marina Sentosa Cove’s Blue Water Heroes Awards. The inaugural awards that recognises and celebrates those advancing the quest for marine and coastal conservation was part of Blue Water EduFest 2022.

The event is the brainchild of Arthur Tay, Chairman and CEO of SUTL Group, which owns the marina, conceived with the objective to raise much-needed awareness and promote the urgency to heed the call for action on climate change.

Blue Water EduFest was a way for ONE°15 Marina to garner strong support to advance the “Blue Water movement”, as he termed it, “in close collaboration with the governments and industry partners in the region”.

Clockwise from above: Judges of Blue Water Heroes Awards, Chong Seow Wei, Arthur Tay, Dr Toh Tai Chong and Harlin Singh (extreme left and right, and first and second from right, respectively) with the finalists and winners from left to right: Deo Florence Onda; Kyle Morgan; Marcellinus Jerry Winata; Dr Louisa Ponnampalam (3<sup>rd</sup> place); Thanda Ko Gyi (2<sup>nd</sup> place); Melati Riyanto Wijzen (1<sup>st</sup> place); Samantha Thian; Dr Neo Mei Lin; and Dave Albao. The interior set-up for Blue Water Heroes Awards.

## CHANGEMAKERS OF TODAY

The four-day event featured a two-day The Ocean Collective Summit conference headlined by ocean conservationist and filmmaker Fabien Cousteau, grandson of the legendary Jacques Cousteau. It reached a crescendo with Blue Water Heroes Awards—created by ONE°15 Events Management and powered by Gen.T of Tatler Asia Group.

Ten young conservationists from around the region—scientists, academics, founders and co-founders of non-profit organisations dedicated to conserving our waters and the lives it supports—were selected as finalists for the Blue Water Heroes Awards. They were picked as the top contenders through a quantitative grading process that gauged the scope of their work, research and data procured, reach and scalable impact created, and vision for the future.

The judges panel, aside from Tay himself and Chong Seow Wei, Editor, Gen.T Asia, comprised of industry leaders in sustainability such as Uma Sachidhanandam, Deputy Director of Conservation (Singapore) at WWF-Singapore; Harlin Singh, Global Head of Sustainable Investing at Citi Private Bank; professor Benjamin Horton, Director, Earth Observatory of Singapore at Nanyang Technological University; and Esther An, Chief Sustainability Officer at City Developments

Limited. Dr Toh Tai Chong, Senior Lecturer and Associate Director of Studies at the National University of Singapore, who is also the Club's Eco Advisor was part of this esteemed panel as well.

### ONE CAUSE, ONE COMMUNITY

The finalists—three were from Singapore—flew in from Malaysia, Myanmar, Indonesia and the Philippines, to support each other and prove their solidarity to the cause. Three winners were picked at the end of the evening. They were, in the order of place, Melati Riyanto Wijzen from Indonesia, Thanda Ko Gyi from Myanmar and Dr Louisa Ponnampalam from Malaysia.

Regardless, all the 10 finalists who had gathered at the glass tentage on the grounds of the marina that night, were irrevocably heroes and heroines in their own right. Their expertise, ages and creative drive may be varied, but they were all united in their drive and determination to be at the forefront of change, which was evident in the video presentation that was played at the event.

As Tay mentioned in his welcome address for the evening, each of them have made a difference in the lives of many, and through their work, “many people and communities have come to understand the impact of our actions on the behaviour of our planet”.

The video showcase was complemented by a soulful piano recital by 10-year-old prodigy Mikkel Myer Lee, and the night ended on a high with a performance by one of Singapore's most respected jazz vocalist, Joanna Dong. The evening's ceremony was gracefully led by renowned local presenter, Denise Keller. Guests and the finalists mingled and shared notes over choice tipples and artisanal canapés. The meticulously curated offerings were predominantly prepared using sustainably-sourced ingredients under the supervision of Chef Steven Hill, the Club's Head of F&B.

The Blue Water Heroes Awards is about the “blue” lungs of the Earth, but in the end, it was about the power of people coming together for a common cause. As winner of the first place, 21-year-old Melati expressed, being in the midst of likeminded changemakers relayed the message to other youngsters like her that they were not alone; “that there are so many of us working towards change”. “Conservation will not happen if we do not work together. We all have a role to play whether you are a CEO, teacher or a young person like me.”



### MEET THE WINNERS

#### 1ST PLACE: MELATI RIYANTO WIJZEN FOUNDER, BYE BYE PLASTIC BAGS AND YOUTHTOPIA

This 21-year-old's fight to save our planet and its oceans began in 2013 at the age of 12. She co-founded Bye Bye Plastic Bags (BBPB) with her sister Isabel with the aim to abolish single use of plastic bags in her hometown, Bali. Through awareness and education campaigns, the initiative provoked policy and mindset change. BBPB is today one of the largest youth-led organisations in Indonesia and has over 52 volunteer-led teams in cities round the world.

“I started with absolutely no business plan, strategy or funding, but I had a clear idea of the impact I wanted to create,” she said, during her acceptance speech.

This clarity has been her guiding principle and helped put her on the world stage in conservation, from co-chairing global conferences to sitting in advisory panels.

In 2021, Melati starred as the chief protagonist in the film *Bigger Than Us*, directed by French director Flore Vasseur and produced by Marion Cotillard—it follows her on a journey around the world in search of like-minded peers to join her mission. Premiered at Cannes Film Festival, the film was nominated for a César.

#### 2ND PLACE: THANDA KO GYI FOUNDER, MYANMAR OCEAN PROJECT

A passionate diver, Thanda Ko Gyi decided to dedicate her life to marine conservation after witnessing firsthand the devastation a single fishing net could cause to marine life. She founded Myanmar's first non-profit ocean conservation organisation, Myanmar Ocean Project (MOP) in 2018, and in 2019, with support from the National Geographic Society, Ocean Conservancy and Global Ghost Gear Initiative, set out with her team on a year-long expedition into the country's Myeik Archipelago to find

out more about Abandoned, Lost, or Otherwise Discarded Fishing Gear (ALDFG). In 11 months, the team extracted over 1,800 kg of harmful fishing nets from 89 dive sites. She also works closely with local fishing communities to find out how the degradation of marine ecosystems impacts their way of life.

Thanda's quest to save marine biodiversity was propelled by her love for manta rays, but she explained how her work with MOP opened her perspective. “At first it used to be about the fish and ocean, but I realised that it's also about the people and the community. If their survival needs are not met, we cannot expect them to talk about the ocean,” she said matter-of-factly. Her ultimate quest is to create opportunities for others in Myanmar to see the ocean as she has been able to.

#### 3RD PLACE: DR LOUISA PONNAMPALAM CO-FOUNDER, MARECET RESEARCH ORGANIZATION

A Cetacean ecologist by education, Dr Louisa Ponnampalam co-founded MareCet Research Organization (MRO) in 2012, Malaysia's first and only non-profit NGO dedicated to research and conservation of marine mammals and the promotion of marine stewardship.

The organisation has since engaged more than 4,000 students through various outreach and education programmes, and is recognised globally for its work in the conservation of marine biodiversity. In 2019, three of its field research sites were recognised as Important Marine Mammal Areas by the International Union for Conservation of Nature.

For Louisa, what started as a way to channel her love for dolphins since childhood, has become a life's mission.

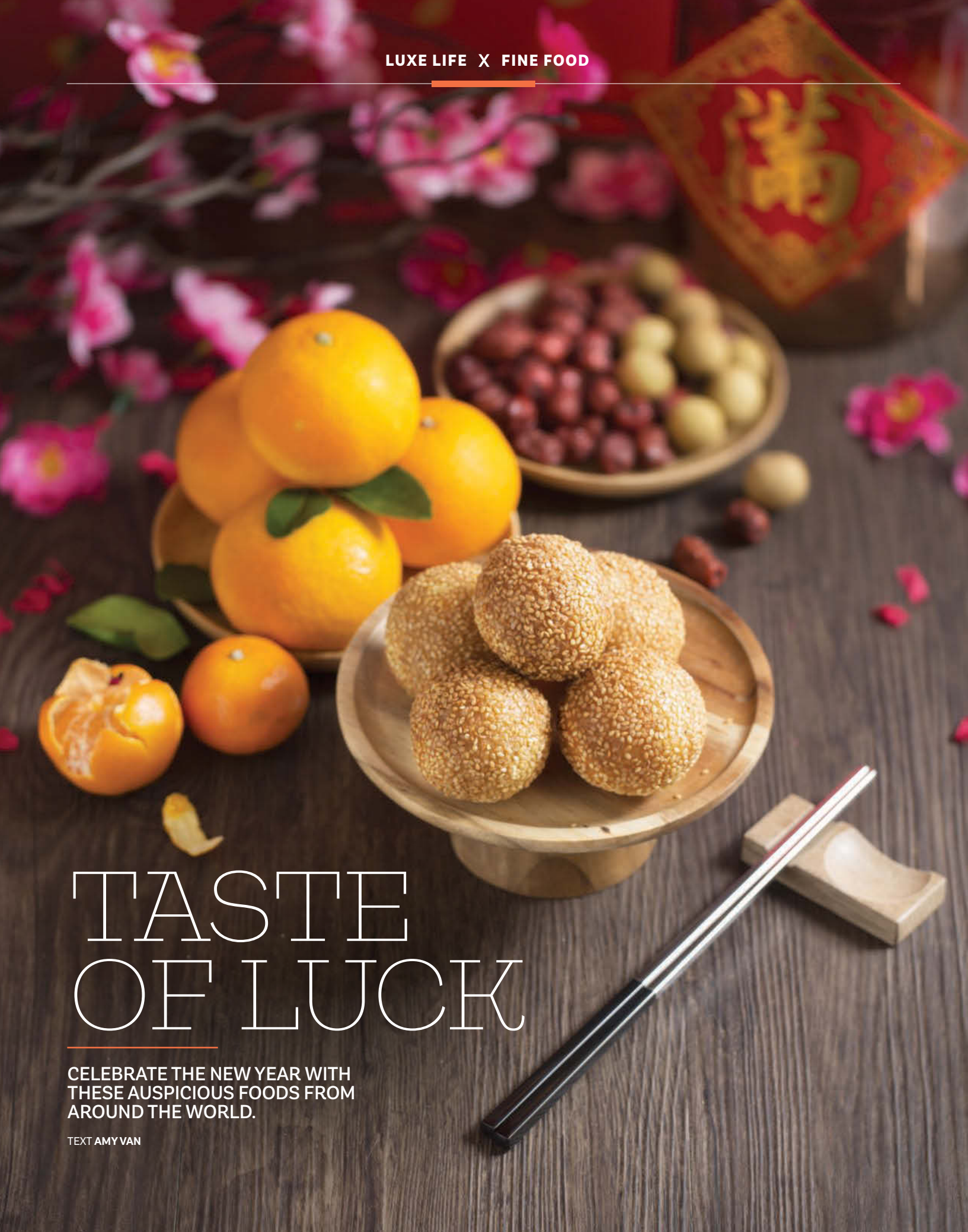
“I hope that through our work people will realise the value of our oceans and be motivated to take every day steps to conserve that which supports us,” she added in her acceptance speech. “Conservation is about perseverance and strategy, but also the people—we are at the heart of the problem and the solution.”



# TASTE OF LUCK

CELEBRATE THE NEW YEAR WITH  
THESE AUSPICIOUS FOODS FROM  
AROUND THE WORLD.

TEXT AMY VAN





**C**hinese New Year, a celebration of the new year as per the Chinese calendar is also the ushering in of spring. It is usually represented by a spirit animal from the Chinese zodiac and 2023 is the Year of the Water Rabbit—which is believed to be the luckiest out of all the 12 animals. On New Year's Eve, reunion dinners are prepped and families gather around the festive table to feast on auspicious dishes prepared with ingredients that have a special meaning.

Other cultures around the globe celebrate the beginning of the year in similar manner, with foods that are considered especially lucky. The varieties served at the festive table hold symbolic meanings such as prosperity and longevity. Here are some lucky foods to enjoy when we usher in 2023.

## Spring rolls

Spring rolls or chūnjuǎn in Mandarin are traditionally eaten during the Chinese New Year or Spring Festival (chunjie). It is a festive dish popular in some parts of China like Jiangxi, Jiangsu, Shanghai, Fujian, Guangzhou, Shenzhen, as well as Hong Kong. Their appearance resembles gold bars, so eating them during the New Year celebration represents the hope for good fortune in the year ahead. The cylindrical-shaped rolls are filled with shredded vegetables, minced meat or prawns and wrapped in thin dough wrappers. The parcels are then fried until crispy and golden in colour.

This Chinese New Year, WOK°15 Kitchen will be serving a combination platter of gold coin bak kwa, salt and pepper prawns, jellyfish salad, wasabi porcini mushroom and spring rolls.



### FUN FACT

In the Ming and Qing dynasties (1367 AD – 1911 AD), cooks rolled traditional pancakes into spring rolls. The snack was also famous in the palace. During the Qing Dynasty (1644 – 1912), the Manchu Han Imperial Feast which featured 128 dishes, included spring rolls as one of the nine main pastries.



## Soba

Slurping soba or buckwheat noodles on New Year's Eve is a tradition in Japan. Toshikoshi soba symbolises the crossing or jumping over from one year to the next. Furthermore, the long, thin buckwheat noodles symbolise a healthy life, longevity and prosperity. Toshikoshi soba is served warm in a light broth or eaten cold with a dipping sauce, along with toppings. These New Year's noodles are savoured before or after their visit to the shrines.

This Lunar New Year, get a taste with WOK<sup>15</sup> Kitchen's Joyous Abundance set menu, which will feature ee-fu noodles with enoki mushroom and conpoy.

### FUN FACT

Toshikoshi soba dates back around 800 years during the Kamakura period. It is said that either a Buddhist temple or wealthy lord treated the hungry and poor with soba on New Year's Eve. These New Year's noodles eventually became a part of Japanese culture and customs.



## Grapes

The Spanish tradition *las doce uvas de la suerte* or “12 lucky grapes” is practised to bring good luck and wealth in the coming year. Twelve grapes are eaten at the stroke of midnight to usher in the New Year—one grape is consumed at the strike of the clock (each grape signifies one month).

People either eat the grapes at home with family or during New Year’s Eve countdown celebrations with the crowds at main public squares like the Puerta del Sol in Madrid. They crowds will munch on 12 lucky grapes according

to the 12 chimes of the Real Casa de Correos clock at the City Hall.

This tradition is also adopted by Spanish-speaking cultures, Latin American countries, Philippines and Hispanic communities in the US.

### **FUN FACT**

This tradition dates back from 1895 but made popular in 1909. In December of 1909, some vine growers in the province of Alicante promoted the ‘Grapes of Luck’ custom to sell surplus grapes from their bumper harvest.





## Herring

Fish is commonly eaten around the world on New Year's—especially in coastal regions. In Scandinavian countries, herring is bountiful, thanks to their proximity to the sea. This small silver-scaled fish symbolises good fortune, and as the scales resemble coins, they bring to mind valuable money. This fish was also traded in the olden days, hence it was related to prosperity and considered a harbinger of good fortune.

Rich in Omega-3 fatty acids herring is usually preserved via pickling, fermenting, drying, and smoking. In Scandinavian cuisine, pickled herring is often served at New Year's Eve smorgasbords.

Fish also happen to be a popular New Year's Eve dish in many cultures like German, Polish, and Chinese. This Chinese New Year, WOK°15 Kitchen set menus will include Steamed Marble Goby with Light Soya Sauce and Traditional Style Steamed Marble Goby as well as complimentary Salmon Skin Yu-sheng (with add-on baby abalone or salmon).

### FUN FACT

As fish swim in one direction, they symbolise moving forward in life. The schools of herring are known for their unpredictable migration pattern, so eating them was a way to wish for a good catch in the months to come.

## Lentils

Lentils, which resemble ancient Roman coins, are savoured in Italy on New Year's Eve/Day to represent good luck and wealth in the coming year. This tradition is said to date back to ancient Rome. During the cooking process, lentils will swell up, which also suggest increased wealth.

The legume is traditionally eaten after midnight, along with pork and sausages with high fat content, which symbolise abundance. One of the typical dishes is called cotechino con lenticchie (sausages and green lentils).

Countries like Brazil, Chile and Hungary also enjoy special lentil dishes for the New Year. Chileans will eat three spoons of plain lentils—for love, health and wealth. Brazilians eat lentil soup with kale on New Year's Day for prosperity. Likewise, Hungarians eat lentil soup or stew on the first day of the New Year with the hope that wealth will increase. 🍷

### FUN FACT

In ancient Rome, a pouch-full of legumes is given to friends on New Year's Eve to wish one fortune. In those times, honey and figs are also gifted to represent a new year.





## MEMBERS ONLY

The definitive list of all that's happening in and around ONE°15 Marina Sentosa Cove.

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**32**

Festive feasts, indulgent dinners, fitness for all levels, and staycations for family bonding.

**38**

Exciting events and interactive workshops to RSVP to.



# CLUB BUZZ



## SPECIALS IN JAN & FEB

### White Sturgeon Caviar Set

January 2023

Traditionally prized by royalty, sturgeon caviar is a nutrient-rich delicacy that's known for its delicate flavour. Savour some with lemon wedges, sour cream, crème fraîche, grated egg yolks and white, minced onions and blinis—complemented with a glass of prosecco.

**PRICE: \$78+ per portion**

### Chateaubriand

February 2023

Tuck into a well-seasoned Prime Aberdeen Angus fillet that's cooked to your liking, served alongside equally indulgent sides such as dauphinoise potatoes, creamed cabbage and bacon, roasted root vegetables, and red wine jus. The meal comes with two glasses of house pour wine.

**PRICE: \$98+, serves 2 persons**

## WOK<sup>15</sup> KITCHEN

### Braised 5-head Abalone with Homemade Bean Curd

January 2023

A classic Cantonese dish, fresh abalone is paired with soft bean curd and soy sauce—to make this Lunar New Year extra special.

**PRICE: \$28+ per portion  
(U.P. \$38+)**

### Peking Duck

February 2023

A mainstay since Beijing's Imperial era, Peking Duck is recognised by its crispy skin and juicy meat. Sit down to a generous serving with friends and family and watch as the meat is sliced in front of you (pictured above) before being served.

**PRICE: \$60+ for a whole duck  
(U.P. \$70+)**



### Chinese New Year Takeaways

Ongoing till 5 February 2023

Snacks and goodies are a must-have for the festivities, and WOK<sup>15</sup> Kitchen delivers with two pineapple tart options (pictured right). Pick up a bottle of traditional pineapple rolls, made with organic pineapple paste and Himalayan pink salt, or nibble on a spicy dried shrimp version made with bird's eye chilli, premium dried shrimp and organic pineapple paste.

**PRICE: \$26.80 for Organic**

**Pineapple Rolls**

**\$29.80 for Spicy Dried Shrimp**

**Sambal Pineapple Tarts**

**\$52 for Auspicious Duo with one**

**bottle of each flavour**





scallop, prawn, pork knuckle, pork skin, lotus root and long cabbage.

Alternatively, pick between two bundles: the Happiness Bundle comprises a small Chinese New Year Treasure Abalone Pot, a half-portion of 48-hour Dry-aged Barbecued Duck, Barbecued Batalle Duroc Pork Char Siew, with complimentary White Radish Cake with dried shrimp, dried mushroom and fermented Chinese sausages. Meanwhile, the Prosperous Bundle comes with a large Chinese New Year Treasure Abalone Pot, a half-portion of 48-hour Dry-aged Barbecued Duck, Crispy Batalle Duroc Pork Belly and Barbecued Batalle Duroc Pork Char Siew, as well as White Radish Cake with dried shrimp, dried mushroom and fermented Chinese sausages. There's also complimentary Salmon Skin Yu-sheng to go with.

**PRICES: Chinese New Year Treasure Abalone Pot: \$358, serves 6 persons; \$538, serves 10 persons**  
**Baby Abalone Yu-sheng: \$78, serves 6 persons; \$88, serves 10 persons**  
**Salmon Skin Yu-sheng: \$62, serves 6 persons; \$72, serves 10 persons**  
**Barbecued Batalle Duroc Pork Char Siew and Crispy Batalle Duroc Pork Belly: \$49.80 each**  
**48-hour Dry-aged Barbecued Duck: \$53.80**  
**Happiness Bundle: \$418**  
**Prosperous Bundle: \$698**

**CNY Reunion Dinner Takeaways**  
**Ongoing till 5 February 2023**

Skip the prep work this Lunar New Year and fill your reunion dinner table with à la carte, traditional dishes such as baby abalone or Salmon Skin Yu-sheng, Barbecued Batalle Duroc Pork Char Siew, Crispy Batalle Duroc Pork Belly, and 48-hour Dry-aged Barbecued Duck. Another highlight is the Chinese New Year Treasure Abalone Pot, which comprises five-head abalone, sea cucumber, fried oyster, flower mushroom, bean curd, black moss, duck, chicken pullet,



**Chinese New Year Set Menus**  
**21 January to 5 February 2023**

There are two satisfying reunion dinner set menus to savour. The Joyous Reunion and Joyous Abundance menus feature a combination platter of old coin bak kwa, salt and pepper prawn, jellyfish salad, wasabi porcini mushroom and spring rolls. Other highlights include Pumpkin Seafood Thick Soup, Chilled Snow Fungus with Carrageenan and Red Dates, Shark's Bone Thick Soup with shredded chicken, fish maw, conpoy and peach gum, Ee-fu Noodles with conpoy & enoki mushroom and much more. Both menus offer the option to upgrade the complimentary Salmon Skin Yu-sheng with additional slices of baby abalone or salmon. Both menus also require a minimum of four diners.

**PRICES: Joyous Reunion Menu: \$98+ per person; \$48+ for children (3 to 11 years)**  
**Joyous Abundance Menu: \$128+ per person; \$58+ for children (3 to 11 years)**  
**Complimentary Salmon Skin Yu-sheng: \$28+ (top-up for 6 pieces of baby abalone); \$10+ (top-up for 6 slices of salmon)**

**BOATERS' BAR**  
**3-course Sunset Barbecue Dinner**  
**14 February 2023**

Calling all couples! Enjoy Valentine's Day together with a specially created cocktail and a hearty barbecue dinner as you watch the sun set. The first 15 couples to sign up will also receive a mini bottle of Moët & Chandon.

**PRICE: \$168+ per couple**

**Sundown Steals**  
**Ongoing**

Wind down to the evening with Tiger draughts, prosecco, house wines and house spirits.

**PRICE: \$8+**

**Waves of Oishii**  
**Ongoing**

Treat your tastebuds to a curated selection of Japanese sashimi. Varieties on offer include yellowtail, tuna and salmon.

**PRICES: From \$12.80+**

For orders and reservations:

LATITUDE Bistro: Call 6305 6982, WhatsApp 9144 7124 or email [bistro.sc@one15marina.com](mailto:bistro.sc@one15marina.com)  
 WOK°15 Kitchen: Call 6305 6998, WhatsApp 8500 1015 or email [wok15.sc@one15marina.com](mailto:wok15.sc@one15marina.com)

All prices are nett unless otherwise stated.





## FITNESS

### Power ABT

**Fridays, 10am to 11am**

Want to build stronger butt, thighs and abs? This class uses strength-enhancing and muscle toning exercises that are suitable for beginners too. Sessions are conducted with and without equipment.

**PRICE: \$16 per lesson (Member)  
\$18 per lesson (Member's guest)**

### Gentle Yoga

**Tuesdays, 6.30pm to 7.30pm;**

**Wednesdays, 9.30am to 10.30am,**

Get back in alignment as you strengthen your body and gain flexibility with yoga movements, breathing techniques and meditation. Expect a focus on simplicity, repetition and easy movement – perfect if you're new to yoga.

**PRICE: \$29.70 per lesson (Member)  
\$37.80 per lesson  
(Member's guest)**

### Pilates Matwork

**Mondays, 10am to 11am**

Build a stronger core with strengthening and lengthening exercises that also train your arms and legs.

**PRICE: \$29.70 per lesson (Member)  
\$37.80 per lesson  
(Member's guest)**

## AQUA

### AcquaPole & AcquaPole Boxing

**Thursdays, 9.30am to 10.20am**

There are several swimming workouts on offer in these sessions – think AquaFit, AquaBike, AcquaPole®, AcquaPole Boxing® and Deep-Water Workout, all of which are designed to help you burn fat and achieve a strong core.

**PRICE: \$27 per lesson (Member)  
\$32.40 per lesson  
(Member's guest)**

### Aqua Bike

**Tuesdays and Fridays, 8.15am to 9.15am**

Those pressed for time will benefit from this workout session, which blends interval and aerobic training. Suitable for intermediate exercisers and uses, you'll use strategic arm movements to give you a full-body workout.

**PRICE: \$32.40 per lesson (Member)  
\$37.80 per lesson (Member's guest)**

### Deep Water Workout

**Saturdays, 11.45am to 12.30pm**

Stay afloat with a deep-water belt in a vertical position, as you work your way through interval training. The buoyancy reduces impact on your joints while giving you the same benefits, as the water resistance increases muscle strength and cardiovascular fitness.

**PRICES: \$32.40 per lesson  
(Member)  
\$37.80 per lesson (Member's guest)**

### Swimming Lessons – Kids Group lesson (4 to 16 years)

**Tuesdays, Thursdays and Saturdays**

Whether your child signs up for the 30-minute beginner sessions or 45-minute sessions for intermediate and advanced swimmers, they'll have a blast while gaining more confidence in the water.

**PRICES: \$108 for 4 lessons**

### Swimming Lessons – Babies & Toddlers Group Lesson (6 months to 3 years)

**Saturdays, 9am and 10am**

Got a water-loving tot? These 30-minute lessons will teach them necessary swimming techniques under the watchful eyes of trained instructors.

**PRICES: \$108 for 4 lessons**

### Private Swimming Lessons

#### Ongoing

A private instructor will guide you through the right swim strokes so you can perfect your technique. Each session is conducted individually, with difficulty levels set according to your swim abilities.

#### PRICES:

**Private lessons for 1 swimmer:**

**\$64.80 (30 minutes)**

**\$75.60 (45 minutes)**

**Semi-private for 2 swimmers:**

**\$43.20 per person (30 minutes)**

**\$48.60 per person (45 minutes)**

## TENNIS

### Private Tennis Lessons

#### Ongoing

Build the right foundation with lessons from tennis pros who can help you master the right techniques.

#### PRICES:

**Head Coach:**

**\$108 for 1 player**

**\$59.40 per player for 2 players**

**Associate Director of Tennis:**

**\$129.60 for 1 player**

**\$70.20 per player for 2 players**

**Director of Tennis:**

**\$140.40 for 1 player**

**\$81 per player for 2 players**



### Cardio Tennis Drills Group Lessons

**Mondays, 7.30pm; Wednesdays, 7am and 7.30pm; and Fridays, 7am**

Beginner tennis players will benefit from these drills sessions, which can help boost your learning, help you master fundamental techniques and improve consistency.

**PRICES: \$48.60 per player**

**(60 minutes)**

**\$70.20 per player (90 minutes)**

### Junior Tennis Group Lessons

#### Ongoing

These stress-free tennis lessons will give younger players a feel of the game while having fun. Lessons are divided into categories such as Red Ball (4 to 6 years), Orange Ball (6 to 9 years) and Green Ball (9 years and above).

**PRICE: \$37.80 per player**

**(3 to 5 players)**

## SAILING

### Powered Pleasure Craft Driving License (PPCDL) Course

**Weekends, 9am to 5pm**

Learn how to sail with this two-day course by Singapore Maritime Academy (SMA) Instructors, which covers theoretical topics and practical techniques. Participants will get a Certificate of Attendance – a vital component for SMA's PPCDL test that is conducted at the end.

#### PRICES:

**\$297.50/trainee (Member)**

**\$262.50/trainee**

**(Member's birthday month)**

**\$350/ trainee**

**(Member's guest)**

For more information on recreation programmes, contact the Recreation department at 6305 6980 or [recreation.sc@one15marina.com](mailto:recreation.sc@one15marina.com)  
All prices are nett unless otherwise stated.



## DIVING

### Discover Scuba

Want to master basic scuba diving skills before you take the plunge and get certified? Then sign up for Discover Scuba Diving by White Manta Diving, which offers a quick and simple introduction into the skills needed to explore the ocean. Participants must be at least 10 years old to join.

**PRICES: \$135 (Member)  
\$162 (Member's guest)**

### PADI Open Water Dive Course (Advanced)

Get a spot of dive practice in before your next underwater adventure with White Manta Diving's advanced course for seasoned divers. Participants must be at least 10 years old to join.

**PRICES:  
One instructor for 2 students:  
\$896.40 per person (Member)  
\$1,058.40 per person  
(Member's guest)**

### Refine Scuba

#### (Diving Refresher Course)

If you haven't had a chance to practice your diving, but you're eager to go on a diving holiday, then this refresher course can help you refine your diving expertise. Core skills that will be taught include mask-work, buoyancy and finning.

**PRICES: \$340.20 (Member)  
\$399.60 (Member's guest)**

## OTHERS

### Lockers for Rent

#### Ongoing

Keep your belongings safe in the Club's lockers, which are available in both the male and female changing rooms. Rental fees are valid for six months.

**PRICES: \$64.80 (small)  
\$129.60 (medium)  
\$194.40 (large)**



### Bicycles for Rent

#### Ongoing

Hop on a bicycle and enjoy a weekend cycling tour of Sentosa with the family! Helmets are complimentary with your rental. You can also bring your own bikes and rent just the helmets.

**PRICES:  
\$8 for the first hour (adult)  
\$6 for the first hour (child)  
\$5 per subsequent hour  
\$20 for bicycle returns after 7pm  
\$5 for helmet rentals only**

## ROOMS

### Gourmet Getaway

1 January to 31 March 2023

The best way to enjoy a staycation is with an array of delicious foods. This weekend escape promises a WOK<sup>®</sup>15 Kitchen Super Dim Sum Lunch Buffet for two plus drinks and skewers from Boaters' Bar. The latter includes two happy hour drinks, and two skewers each of beef, prawn, chicken thigh, pork, octopus and aubergine. Staycation packages are suitable for two, and are valid on weekends only.

**PRICES:  
\$358+ for Hillview room  
(U.P. \$450+)  
\$398+ for Marina View room  
(U.P. \$500+)  
\$140+ per additional adult**

### Gastronomical Staycation

1 January to 31 March 2023

Relax and unwind with a must-book island getaway with your partner. Unwind with English afternoon tea that's served in-room and a delicious lunch at LATITUDE Bistro with this one-night stay package. Staycation packages are suitable for two, and are valid on weekdays only.

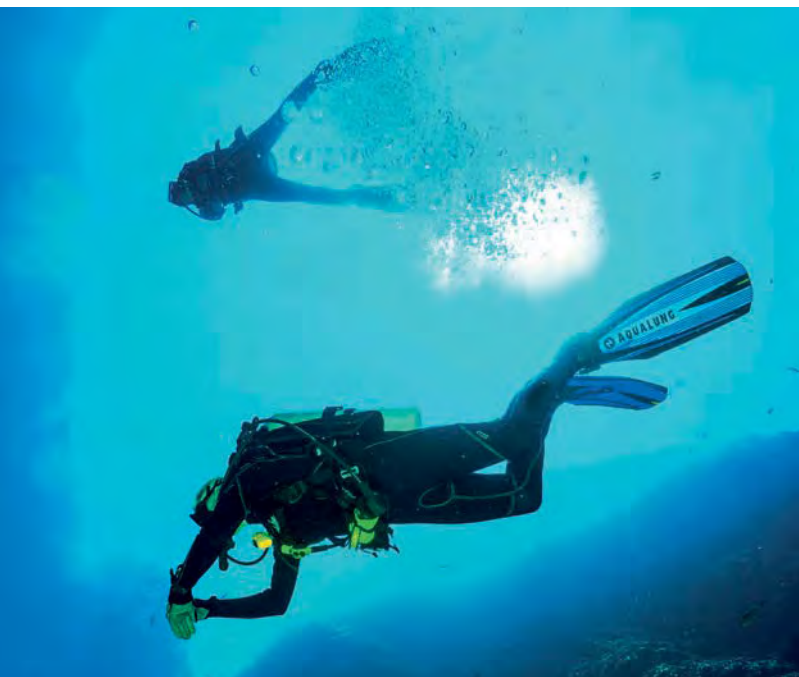
**PRICES:  
\$345+ for Hillview room  
(U.P. \$450+)  
\$385+ for Marina View room  
(U.P. \$500+)  
\$128+ per additional adult**

### Romantic Retreat

1 January to 31 March 2023

There's never a bad time for couple bonding. Set the mood for the year with a much-needed intimate getaway with your partner. The one-night stay package includes a 60-minute Aromatic Couple Massage or Spa Rael's Signature Massage for two (worth \$404+) in a couple treatment room, a bottle of prosecco, complimentary mini bar, and breakfast for two.

**PRICES:  
From \$498+ for Hillview room  
From \$538+ for Marina  
View room**



For more information on recreation programmes, contact the Recreation department at 6305 6980 or [recreation.sc@one15marina.com](mailto:recreation.sc@one15marina.com). To book your stay, call Front Desk at 6305 6988. All prices are nett unless otherwise stated.



**ONE 15 MARINA**   
Sentosa Cove Singapore

## HOP INTO THE NEW YEAR

Gather your loved ones and welcome the year of the Rabbit with an elaborate array of Chinese New Year treats from WOK°15 Kitchen.

**From now till 5 February 2023**



**TO ORDER**  
[bit.ly/ONE15CNY23](https://bit.ly/ONE15CNY23)

✉ [wok15.sc@one15marina.com](mailto:wok15.sc@one15marina.com)  
☎ 6305 6998

Chinese New Year goodies are available for takeaway and delivery from 3 January – 5 February 2023. Collections are at WOK°15 Kitchen, from Tuesday – Sunday.



**MEMBERS' TENNIS SOCIAL NIGHT**

**Date:** Thursday, 5 January 2023  
**Time:** 7pm to 10pm  
**Venue:** Tennis Court  
**Price:** \$10.80

Here's an event that will tick off your fitness goals and expand your circle of friends. Hone your existing game skills, perfect your stroke, learn new tricks and test your staying power through friendly matches. A great way to get your adrenaline pumping and network in the new year. *RSVP by 31 December 2022 to [recreation.sc@one15marina.com](mailto:recreation.sc@one15marina.com)*

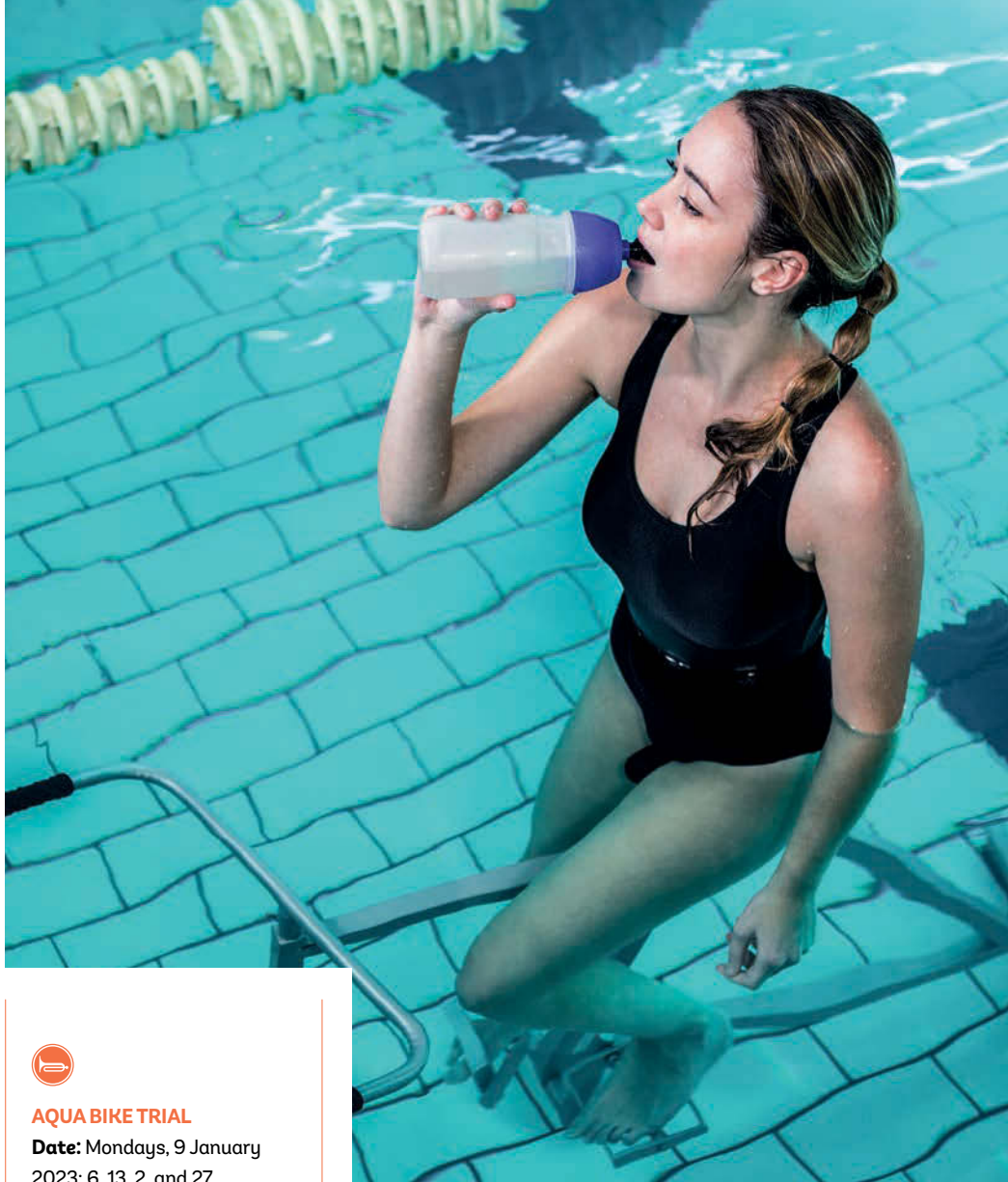


**KIDS' CNY CELEBRATION**

**Date:** Sunday, 8 January 2023  
**Time:** 2pm to 3.30pm  
**Venue:** Captain's Table  
**Price:** \$8 (Member)  
 \$12 (Member's guest)

We have toasted to the new year and now it is time to toss to the Lunar New Year. Children, aged 7 to 12 years, will have fun tossing the yu-sheng—the higher they go, the more prosperity you are drawing in. Make sure your children come in traditional Chinese costume, as they get acquainted to the concept of lohei. Capping this cultural immersion is a Lion Head craft session and a lion dance routine. *RSVP by 1 January 2023 to [recreation.sc@one15marina.com](mailto:recreation.sc@one15marina.com)*





### AQUA BIKE TRIAL

**Date:** Mondays, 9 January 2023; 6, 13, 2 and 27 February 2023

**Time:** 7pm to 8pm

**Venue:** Infinity Pool

**Price:** \$32.40 (Member)  
\$37.80 (Member's guest)

Tone up and firm up—does that sound like your new year resolution? Why not get right to it with some cycling—not on ground, but in the pool. AquaBike routines are famous for their fun quotient and for beating the toughest flab into shape, while being low impact. *RSVP by 2 January 2023 and one week prior for the February 2023 trials to [recreation.sc@one15marina.com](mailto:recreation.sc@one15marina.com)*



### CHINESE BRUSH PAINTING

**Date:** Wednesdays, 11 and 25 January 2023; 8 and 22 February 2023

**Time:** 2pm to 4pm

**Venue:** Bar Nebula

**Price:** \$108 for 2 lessons (Member)  
\$162 for 2 lessons (Member's guest)

Chinese brush painting is said to have been around since 770 BCE, making it one of the oldest artistic traditions in the world. Learn the nuances of this traditional art form, the brush strokes and gain insight into the culture from artist Yap Sin Guan who has 40 years of experience in Chinese brush painting, which includes teaching at other clubs around Singapore. *RSVP by 1 January 2023 for January lessons and 1 February 2023 for February lessons to recreation.sc@one15marina.com*





**YOGA FOR YOUTH**

**Date:** Fridays, 13, 20 and 27 January 2023 and 3, 10, 17 and 24 February 2023  
**Time:** 5pm to 6pm  
**Venue:** Ballroom Foyer  
**Price:** \$27 (Member)  
 \$32.40 (Member's guest)

Prioritise health and wellness this year—and by extension for life. Stretch, tone, strengthen your body with fluid yoga movements while practising calming breathing. There's never a better time than now to start as this class is suitable even for beginners—12 to 23 years. You can bring a friend along as well for additional motivation. *RSVP by 1 January 2023 to recreation.sc@one15marina.com*



**SB20 FUN RACE**

**Date:** Sunday, 15 January 2023  
**Time:** 12pm  
**Venue:** ONE\*15 Marina Sentosa Cove  
**Price:** \$20

An exclusive Members-only event, learn the basic rules and techniques of sailing, and go for a joy ride around the island to practise your new skills. *RSVP by 6 January 2023 to membership.sc@one15marina.com*



**CHINESE NEW YEAR MEMBERS DINNER**

**Date:** Friday, 27 January 2023  
**Time:** 6.30pm to 9.30pm  
**Venue:** Constellation Ballroom  
**Price:** \$58 (Member)  
 \$68 (Member's guest)

When it comes to Chinese New Year, aside from the festive feasts, it's the opportunity to reconnect and gather with loved ones that stays in our minds. The Club makes it an annual affair to forge such bonds—with a delectable eight-course spread, prepared specially by the culinary team. Members will also enjoy fringe activities that night. *RSVP by 19 January 2023 to membership.sc@one15marina.com*

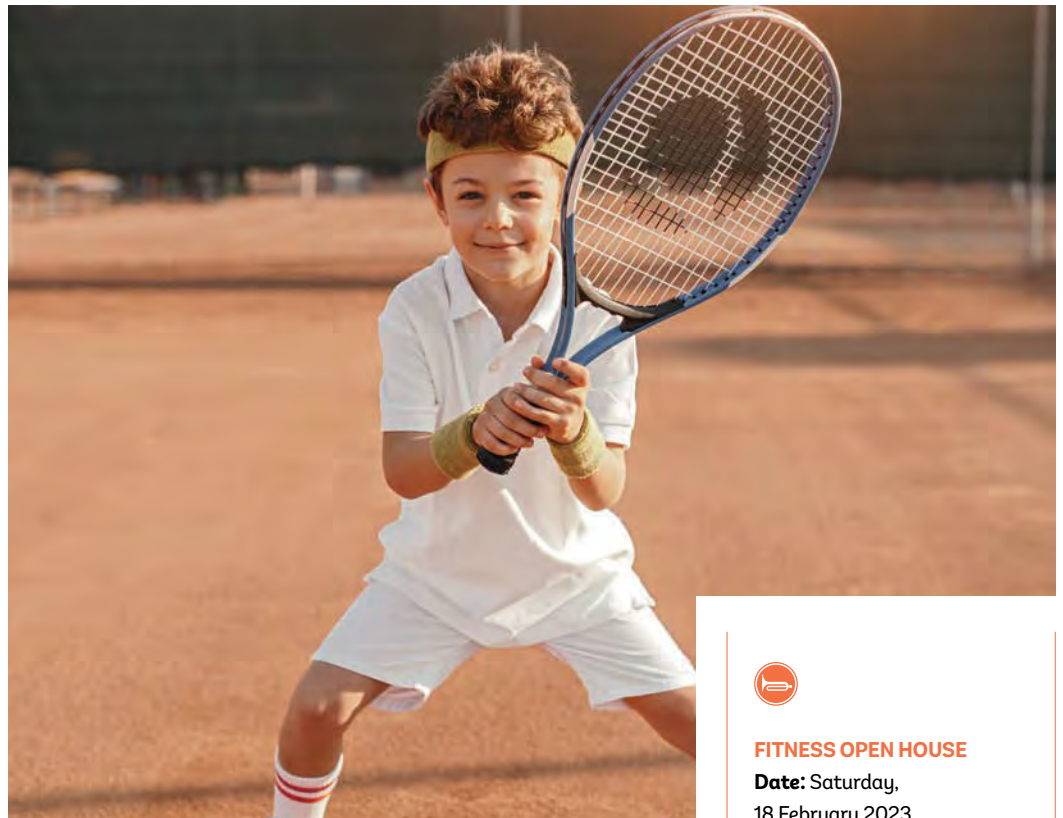


### **FINEST OF THE SEAS**

**Date:** Thursday,  
16 February 2023  
**Time:** 7pm to 9pm;  
registration begins at 6.30pm  
**Venue:** WOK°15 Kitchen  
**Price:** \$98 (Member)  
\$118 (Member's guest)

Early bird (by 26 January 2023)  
\$88 (Member)  
\$108 (Member's guest)

Get ready for a gastronomic celebration of the best of the seas, prepared using time-honoured Chinese techniques. The Club's Head of F&B Chef Steven Hill's five-course menu will feature the finest mud crab, lobster, prawn, scallop and fish. *RSVP by 9 February 2023 to [membership.sc@one15marina.com](mailto:membership.sc@one15marina.com)*



### **FITNESS OPEN HOUSE**

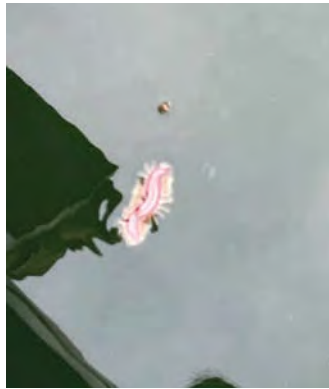
**Date:** Saturday,  
18 February 2023  
**Time:** 12pm to 6pm  
**Venue:** Fitness Centre,  
Tennis Court, Infinity Pool  
**Price:** Complimentary  
(Member)  
\$10.80 (Member's guest)

Have you been toying with the idea of signing up for our Sports & Recreation offerings? Here's a chance for a one-on-one with our coaches to clarify doubts if you have any. Guillermo Olaso, the Founder of Olaso Tennis Academy and Swim Head Coach Audrey from Yvonne Swim School will be at this Open House to respond to your questions on their respective sports programmes. You can take part in a Deep Water Workout as well as a tour of our Fitness Centre, before ending the day with some sunset yoga. *RSVP by 13 February 2023 to [recreation.sc@one15marina.com](mailto:recreation.sc@one15marina.com)*



# 15th Anniversary

WITH SEPTEMBER 2022 MARKING ITS 15TH ANNIVERSARY, THE CLUB OBSERVED ECO MONTH AND ORGANISED A HOST OF COMPLEMENTARY ACTIVITIES.



## Coral Garden Tour

On 11 September 2022, Members were taken on a tour to our inhouse coral garden. As the Club's Eco Advisor Sam Shu Qin and her colleague Lionel explained the coral replanting process, Members caught glimpses of some of the sea creatures that were thriving around the nursery frames, an Amphinomidae or fire worm being one of them. A monitor lizard, a rare sighting in these parts, was also spotted. Members were fascinated by the variety of corals propagated at the marina, namely Brain Coral, Disc Coral and Branch Coral. Learning that they grow at the rate of 0.3cm to 2cm per year, made Members realise the gravity of the situation and how human negligence can cause damage to what has taken years to grow. They were very appreciative of the knowledge gained, and one Member even tried his hand at the quiz machine outside LATITUDE Bistro to test his knowledge—and was duly rewarded with a nifty recycle tote.



## Build Your Own Coral Reefs

We know now more than ever the importance of corals in our lives, and on 3 September 2022, children got a better feel for it through a craft activity. Gathered at Captain's Table, they built reef structures using pipe cleaners and plasticine. The former was chosen as they resembled coral branches. In a creative frenzy that was mixed with passion and curiosity over these marine invertebrates, children moulded plasticine into marine animals such as sea turtles, eels, crabs, and more. Some starfishes were also seen with texture created using toothpicks. Add to these were paper cutouts of sea animals. Complemented with information on the role that corals play in our lives, it was overall a very educational and creative event.





## Uno Games Day

The Kids' Playroom was filled with excited children on 7 October, as they gathered to play the card game Uno. The Recreation staff were on board to run them through the rules of the game. It was clear that the children caught on very quickly as many were ready to shout "Uno!" They all got to earn points and a winner was crowned at the end of the day. It was a day that celebrated healthy competition and friendly banter.



## Underwater Scene Origami Craft

Eco Month in connection with the Club's anniversary brought forth yet another event that helped create awareness of the beauty of the marine biodiversity around us and their importance to our existence. The last three Saturdays of September inculcated that education through fun Origami sessions. Members gathered at Kids' Playroom channelled their creativity to put forth their own renditions of a healthy marine ecosystem—one which is resplendent with sharks, dolphins, stingrays, seahorses and more. It was proof that an ideal world is in our hands.

## Rangoli Sand Art

There's something joyful about playing with colours and the spirit of Rangoli or Indian floor art is all about that. Children got into the spirit and creating vibrant designs by pouring coloured sand over design stickers. It kept them occupied for one hour, but not because they were doing a tiresome activity, but because they had so much fun, mixing colours and mingling with other children. Plus, they got to take their sand art home to show off to their parents.





## Five-day Kids' Tennis Camp

Children of various ages gathered at the tennis courts between 17 and 21 October for a tennis camp that paid attention to individual needs. Coaches took them through the nuances of the game as well as drills and practical sessions of varying levels of difficulty. The first hour focused on essential techniques and footwork—allowing children to improve their forehand, backhand, volleys and serve abilities. The second hour gave them the opportunity to put those skills to practical use through game and point play. When it comes to sport, the mind and body connection is vital, so through the course of the five days, the tennis coaches also focused on strategy planning, game play and court positioning, allowing children to effortlessly transition from practice mode to match play mode. Yet another tennis camp met with success.



## Snow Skin Mooncake Making for Kids

On 8 September 2022, Captain's Table was abuzz with excitement and activity as children tried their hand at mooncake making—under the expert guidance of the Club's pâtissier Chef Nam. They were taught how to roll the dough and wrap the cakes before patting them into the mould. Mooncakes of three flavours—lychee, strawberry and chocolate chip—were made. The favourite flavour was of course, chocolate chip. The apron-donned young chefs had fun creating the shapes as per the moulds. Although a children's activity, parents who had accompanied them had as much fun learning the different steps involved in making this delicacy. They hoped that this would be an annual event. Each child made six to eight snow skin mooncakes to bring home.





## Kids' Baking Class

The Avengers and Justice League and more descended on Captain's Table on 9 October. No, they were not there to fight any crisis. They were the inspiration for the young aspiring bakers—they had to bake a one-bowl chocolate cake and decorate them with superhero-themed cookies. Little hands were busy mixing, sifting and piping their favourite superhero images on the cookies. To say that the room had powerful and creative buzz would be an understatement—from Captain America's shield to Thor's Mjólnir, and a skyscraper with Spiderman's mask, they were all there. It was overall a fun and educational event for the children.



## Kids' Halloween - The Day of the Dead

*Día de los Muertos* or Day of the Dead is widely celebrated in Mexico and by people of Mexican heritage in remembrance of those who have passed. Symbolic as it is, it is more a joyful celebration than a solemn affair with a creative display of costumes and masks. On 29 October, children at Kids' Playroom got into that joyful spirit of remembrance while being made aware of the significance of the day. Learning about skeletons and the anatomy of the human body was an educational twist that parents appreciated. There's no Halloween without Trick or Treat and sure enough, there were spooky candies and friendly competition on whose goodie bag was the heaviest.





## Members' Night

On 28 September, about 79 Members assembled at the Rooftop Terrace for an evening unlike another. The Club's General Manager Jonathan Sit welcomed them while Membership Director Yully Effendi updated them on the Club's privileges and facilities. It was a perfect setting for mingling with other Members—what with panoramic views of the marina and a glorious sunset. The free flow of tipples and choice canapés from the Club's culinary team added to the cheerful ambience. Some even expressed their surprise that such a location existed in the Club.



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## Oyster Night

On 20 October, Members at LATITUDE Bistro got a taste of a premium range of oysters at their freshest best. The chefs had curated a platter, which included three Irish and three New Zealand Oysters—Kelly Galway Native Flat, FDC Opera Marenne d Oléron N2, Kelly Gigas and Kaipara. And they were shucked right before serving for maximum freshness. Members were given the option to add on either Avruga Caviar or Salmon Caviar, depending on their preference. All oysters were sold out by the end of the night as a clear indication of the event's success and that Members welcomed such events.



# JAN – JUL 23

## JAN

- 1**  
New Year
- 9 – 21**  
International Contender 2023 50th (Perth) World Championship  
Royal Freshwater Bay Yacht Club, Perth  
[revolutionise.com.au/icaa/events/45262](http://revolutionise.com.au/icaa/events/45262)
- 14 – 15**  
Singapore Sail Grand Prix  
Singapore  
[sailgp.com](http://sailgp.com)
- 22 – 23**  
Chinese New Year

- 24 – 31**  
Finn Gold Cup  
Miami, USA  
[fgcmiami2023.com](http://fgcmiami2023.com)

- 26 – 29**  
SB20 Asian Grand Slam and Asia Pacific Championships  
[sb20class.org/sb20-singapore](http://sb20class.org/sb20-singapore)

## MAR

- 9 – 25**  
2023 Flying Fifteen World Championship  
Fremantle Sailing Club, Perth  
[flying15worlds2023.com](http://flying15worlds2023.com)

- 18 – 19**  
New Zealand Sail Grand Prix  
Christchurch, New Zealand  
[sailgp.com](http://sailgp.com)

- 31 – 8 Apr**  
Trofeo S.A.R. Princesa Sofia  
Spain  
[trofeoprincesasofia.org](http://trofeoprincesasofia.org)

## APR

- 5 – 9**  
Snipe South American Championship  
Paracas, Peru  
[snipe.org](http://snipe.org)

- 7**  
Good Friday

- 22**  
Hari Raya Puasa

- 22 – 29**  
French Olympic Week  
Port of Hyères  
[sof.ffvoile.fr/](http://sof.ffvoile.fr/)

## MAY

- 1**  
Labour Day

- 12 – 18**  
Open Finn European Championship  
Lake Balaton, Hungary  
[finnclass.org/racing/calendar](http://finnclass.org/racing/calendar)

- 26 – 2 June**  
2023 Finn World Masters  
Kavala, Greece  
[finnworldmaster.com](http://finnworldmaster.com)  
**May 31 – 4 June**  
Hempel World Cup Series  
Ijsselmeer, Almere, Netherlands  
[allianzregatta.org/](http://allianzregatta.org/)

## JUN

- 11 – 21**  
IODA Optimist World Championship  
Club De Vela Ballena Alegre, Spain  
[2023worlds.optiworld.org/en/default/races/race](http://2023worlds.optiworld.org/en/default/races/race)

- 17 – 23**  
SB20 World Championship  
Scheveningen, Netherlands  
[sb20worlds2023.com](http://sb20worlds2023.com)

- 22 – 30**  
OK World Championships 2023  
Lyme Regis, Great Britain  
[2023.okworlds.org](http://2023.okworlds.org)

## JUL

- 1 – 8**  
Contender World Championship  
Kerteminde, Denmark  
[contenderclass.org/all-events/373-racing-calendar.html](http://contenderclass.org/all-events/373-racing-calendar.html)

- 12 – 22**  
B14 World Championship  
Lake Garda, Torbole, Italy  
[b14.org](http://b14.org)

- 21 – 30**  
J/22 World Championship  
Travemuender, Germany  
[j22.org](http://j22.org)

- 21 – 29**  
Flying Dutchman World Championship  
Gdynia, Poland  
[sailifdco.com/championships/fd-regattas-2023/](http://sailifdco.com/championships/fd-regattas-2023/)

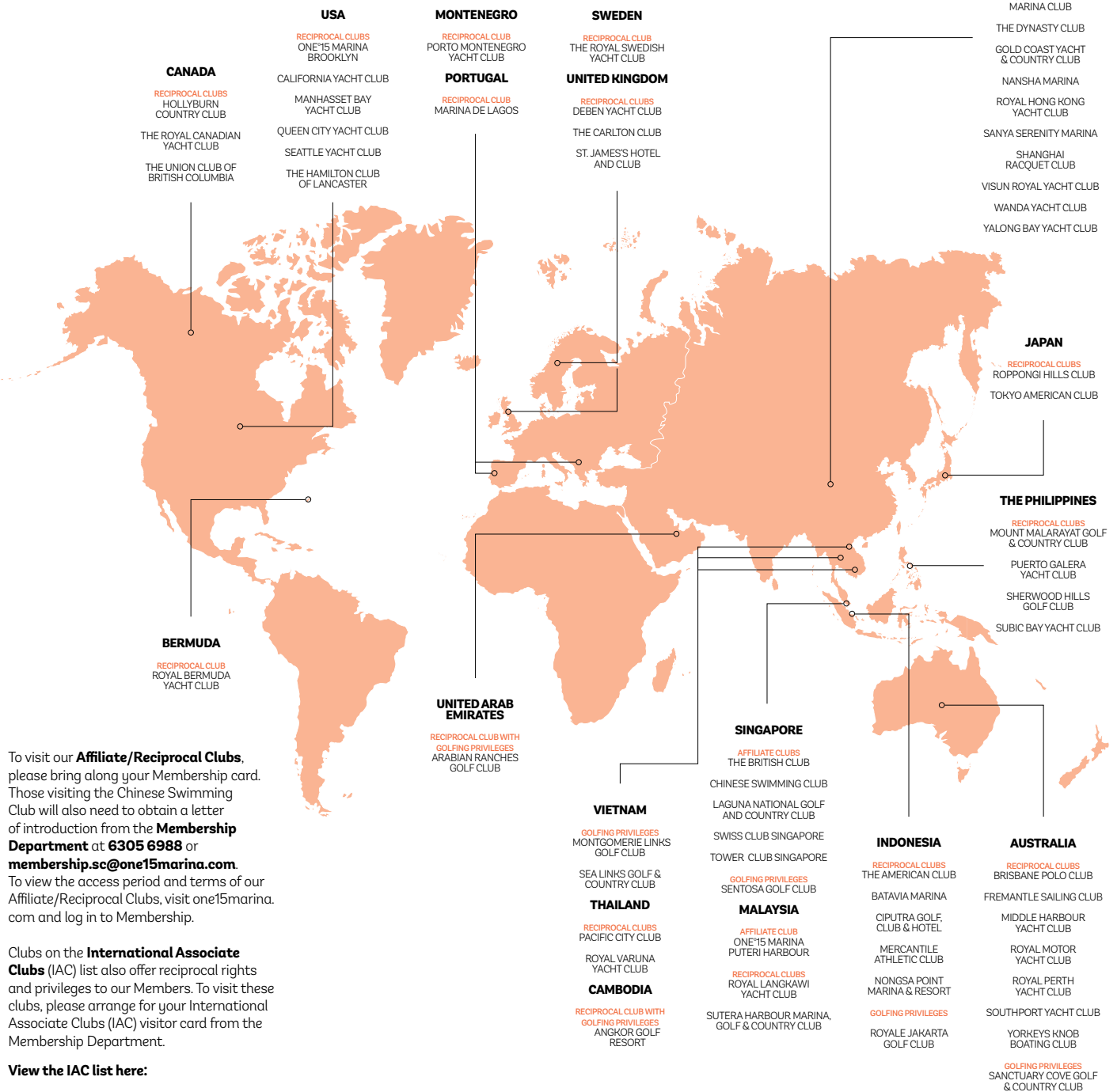


31 Mar – 8 Apr 2023

The Trofeo Princesa Sofia is an annual sailing regatta celebrated in Spain's Bay of Palma de Mallorca. It started in 1968 as an amateur event and has evolved into an icon for the sailing world, gathering over 1,500 sailors from over 48 countries and some of the top teams in the world. For most of them, it's a selection event for the national Olympic teams.

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View the IAC list here:



UNTOLD

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INFINITELY  
AVAILABLE

FAIRLY  
PRICED

Recycled plastics are ~~limited~~ and ~~expensive~~.

Their production and use lead to ~~increased~~  
~~carbon emissions~~.

HIGH

← DECARBONISATION

The ~~low~~ quality of the material means  
it is ~~weak~~ and can ~~only~~ be used ~~once~~.

STRONG →

← LONG-TERM AND CIRCULARLY

The evidence is clear, recycled plastics  
are ~~a risk~~.

← THE MATERIALS OF THE FUTURE.

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